

BENEFITS AND HARMS OF SCREENING MAMMOGRAPHY

BENEFITS

- ☀ Saves lives from breast cancer
- ☀ Find breast cancer early, when it is small and hasn't spread
- ☀ Need for less treatment
- ☀ Reassurance of being cancer-free if mammogram is normal

HARMS

- ☀ False positive—when the mammogram is abnormal but you don't have breast cancer
- ☀ Getting called back for more views or a biopsy that end up being normal
- ☀ Anxiety and discomfort from extra testing
- ☀ Over-detection (finding tumors that would not cause death)